



Dear friends,

We invite you to pray with us at this challenging time.

May God bless us with courage and protect us.

We hope you find comfort and strength in the prayers below.

Christ Jesus,
When all is darkness
And we feel our weakness and helplessness
Give us the sense of Your Presence,
Your Love and Your Strength
Help us to have perfect trust
In Your protecting Love
And strengthening Power,
So that nothing may frighten or worry us
For, living close to You
We shall see your Hand,
Your Purpose, Your Will through all things.

St Ignatius of Loyola (c. 1491-1556)

THE MEMORARE

Remember, O most Gracious Virgin Mary,
that never was it known that anyone who fled to your protection,
implored your help, or sought your intercession was left unaided.
Inspired with this confidence, I fly to you, O Virgin of virgins, my Mother.
To you I come, before you I stand, sinful and sorrowful.
O Mother of the Word Incarnate, despise not my petitions,
but in your mercy, hear and answer. Amen

St. Patrick's Breastplate

Christ with me,
Christ before me,
Christ behind me,
Christ in me,
Christ beneath me,
Christ above me,
Christ on my right,
Christ on my left,
Christ when I lie down,
Christ when I sit down,
Christ when I arise,
Christ in the heart of everyone who thinks of me,
Christ in the mouth of everyone who speaks of me,
Christ in every eye that sees me,
Christ in every ear that hears me.

May God be with you and your families.